

# RUNK IMES

March 2024 ~ Issue No. 13 ~ Donna Russell, Designer/Editor

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#### Dear Members and Friends of SARW,

When we meet for our March 14th General Meeting, the Primaries will be over. Don't get caught off guard- if you didn't participate in early voting before the March 1 deadline, be sure to vote on Tuesday March 5th. Every vote counts, especially since Republican turnout is so low. We really can make a difference just by voting for our candidates all the way down the ballot. Changes start at the local level and we need lots of changes in Bexar County. Please vote and support our candidates.



Christine Nichol, SARW President

Ways and Means VP, Sylvia Gartner, and her committee have planned a fabulous Fiesta Ole' fundraiser party on Thursday, April 4th at Alamo Cafe to kick off Fiesta. It will replace our April General Meeting. You will get reminders but, please mark your calendars accordingly - RSVP to attend Ole' SARW and have a great time supporting our candidates AND remember that we will not have a General Meeting on April 11th.

Don't miss our March 14th meeting. It promises to be special. Our keynote speaker, Luke Macias, is a conservative political consultant and blogger. His post-primary comments are sure to be interesting and provocative. And, our second speaker, Cassie Daniel Howell, President of Capitol Republican Women, will bring joy and laughter as she speaks and performs stand up comedy about the Republican Party Convention. I look forward to seeing you all there!

Christine

#### **NEWSLETTER TREASURE HUNT**

In this month's issue, you will find words throughout the newsletter written in "PINK" write them all down (do not include the word PINK!) and find the correct phrase. Write that phrase and your name on a piece of paper and bring to **Donna Russell** as you arrive at the GM. If your answer is correct, you'll be entered into the drawing to choose a *jewelry treasure* (earrings, necklace or purse charm – only!) from our SARW jewelry table. *Happy Hunting!* 

#### **SARW 2024 OFFICERS & COMMITTEES**

President Christine Nichol / Christine.Nichol@sbcglobal.net

1st VP Programs **OPEN** 

2nd VP Ways & Means Sylvia Gartner / smgartner@hotmail.com

3rd VP Membership
Secretary
Susan Allick / allicksm@flash.net
Lauretta Smith / Insmith1948@att.net
Sandy Bush / skbush@gvtc.com

Treasurer PAC Jackie Fisher / Richard\_fisher@sbcglobal.net Immediate Past President Diana Ridgway / ridgwaydiana@gmail.com

#### **Appointed Officers and Board Members**

Campaign Chair Naomi Narvaiz / naomi@narvaiz.us Chaplain Susan Allick / allicksm@flash.net

Corresponding Secretary
Legislative Chair
Parliamentarian
Director of Social Media
Internal Reviewer

Cynthia Struse / cynelson41@gmail.com
Pamela Millisor / pmillisor3@gmail.com
Marty Carpenter / marty110@att.net
Donna Russell / sarwclub@yahoo.com
Marty Carpenter / marty110@att.net

### **Appointed Standing Committee Chairs**

Americanism Lee Allen / sadlstar@aol.com

Awards Cynthia Smith / Cynthia@cdsmithlaw.com

Bylaws Sandy Bush / Skbush@gvtc.com

Caring for America Kate Blair / kathleenB0424@gmail.com
College Outreach Selena Brooks / selenabrooks68@gmail.com
Decorations Kathy Zurlo / Kathleenszurlo@yahoo.com

Handbook Sandy Bush / Skbush@gvtc.com

Historian **OPEN** 

Hospitality Gale Sayers / hopegale50@gmail.com
Jewelry Gerri Peters / Gerripeters13@gmail.com

Donna Armstrong / Alamodonna61@gmail.com

Judicial Liaison Cynthia Smith / cynthia@cdsmithlaw.com
Literacy Marty Carpenter / marty110@att.net

Photographer Mary Louise York / marylouise402@gmail.com

Scholarship Selena Brooks /

Senior Americans Brenda Armstrong / deverb@att.net

Telephone Sandra Murphy / smurphymit@yahoo.com

Linda Holland / linda\_22333@satx.rr.com

Voter Registration OPEN

Women's Health

The "Open"
Committee Chairs
are available to
any member who
would like to
participate! Please
let us know if you
are interested!



# Calendar of Events

- 1st Last Day of Early Voting
- 5th Republican Primary Election Day
- 5<sup>th</sup> Precinct Convention
- 6th SARW Board Meeting
- 10th Daylight Savings Time

14th SARW General Meeting

11:00 am - 1:00 pm

Anne Marie's Event Center

12475 Starcrest

Meal Cost: \$35.00

RSVP (210) 867-4412

or click HERE to RSVP online

16th Bexar GOP BBQ & Clay Shoot Fundraiser

23rd All Texas State District Conventions

24th Palm Sunday

31st Easter Sunday

<u>SAVE THE DATE!</u> APRIL 4<sup>TH</sup> SARW "FIESTA OLE'" FUNDRAISER!



Linda Holland - 7th

Patricia Hodge – 10<sup>th</sup>

Donna Armstrong – 10th

Janet Atkins – 15<sup>th</sup>

Maria Campa – 15<sup>th</sup>

Esther Cantu – 16th

Richard Fisher - 17th

Katherine Davidson – 21st

Ruby Casteel - 25<sup>th</sup>

Carol Ahearn - 30th



# GENERAL MEETING

THURSDAY ~ March 14th

11:00 am - 1:00 pm Anne Marie's

12475 Starcrest, San Antonio, TX 78216

# **Special Guest Speakers**



Luke Macias, Head of a conservative political consulting firm and host of the Luke Macias Radio Show



Cassie Daniel Howell Chief of Staff for State Representative Cindy Noble

Luncheon Cost: \$35.00

# **Deadline Date to RSVP: Noon on March 13th** RSVP and purchase online at: www.sarwclub.com

RSVP and purchase online at: www.sarwclub.com or call/text 210.867-4412 to RSVP and pay at the door



# About our Speakers



Luke Macias
Head of conservative political
consulting firm and host of the Luke
Macias Radio Show

Luke got into politics through his Dad who was an elected State Representative for 2 years when the moderate establishment Republicans decided to spend hundreds of thousands of dollars to take him out of office. Luke learned quickly that being conservative was costly in politics and loves working to empower conservatives to win elections, and fight for conservative policy solutions for Texas. If he's not working he's spending time with multiple church ministries as well as his family (He has 6 siblings).

Cassie Daniel Howell is Chief of Staff for State Representative Candy Noble while also serving her seventh term as President of Capitol RW which she helped create as District Director. She is a member of the Williamson County Young Republicans. Previously, Cassie served as President of two other TFRW Clubs & as a Precinct Chair in Randall & Williamson counties. Cassie is also a small business owner and health coach.



Cassie Daniel Howell
Chief of Staff for State
Representative Cindy Noble

She has served on TFRW's Board of Directors for over a decade in various positions, currently as Chair of Leadership Development and the 40 Under 40 Committee. Cassie loves to bring joy and laughter as she speaks, trains, and performs stand-up comedy around the state to republican groups.

Cassie was elected as delegate numerous times to the TFRW convention & RPT convention. She has served on the State Organization Committee & as SD 24 Caucus Chair and was elected Alternate-At-Large to the 2012 RNC National Convention.

# February General Meeting







# Shout Outs!



CONGRATULATIONS to SARW member
Marialyn Barnard! Marialyn, a former interim
Bexar County Commissioner and Justice on the 4th
Court of Appeals was appointed by Texas
Governor Greg Abbott as the new judge of San
Antonio's 73rd Judicial District Court Thursday,
February 15th. She will serve in this position
through the end of 2024. We appreciate Marialyn's
commitment, extensive experience as an attorney
and judge, and her involvement in community
service and volunteer work. SARW is extremely
honored to have her as a

SARW Ladies at "Friends of Hospice" Fundraiser.





# SARW'S 1st Annual FIESTA CLE'

THURSDAY, APRIL 4th 6:00 - 9:00 pm Alamo Cafe 14250 San Pedro

\$50 PER PERSON includes Dinner & Entertainment / cash bar available

# Fiesta attire optional

SARW will also be crowning their 1st Fiesta King & Queen

#### **How to RSVP & Purchase Tickets:**

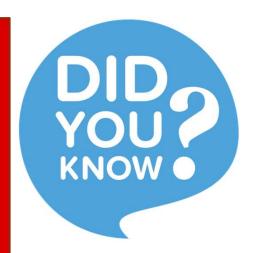
To RSVP & Pay Online: www.sarwclub.com/fiesta-ole-2024
To RSVP & Mail a check: www.sarwclub.com/rsvp-fiesta-2024

For Questions or More Information contact, Sylvia Gartner at 210-286-7609

# We Need Your Help!



P.S. - No secret words on this page!



# Texas flew the United States Flag before it flew The Confederate Flag (1861-1865)

Between 1861 and 1865, the Confederate flag flew over Texas, as it was a state in the Confederate States of America.



The new Republic of Texas lasted approximately 10 years. The novice nation encountered several issues. The new independent Texas gained enemies it hadn't perceived as major in the past. Mexico and the Native Americans gave them little peace and its major issue was working capital. Texas couldn't convince other nations to loan it money. As a final survival attempt Texans turned their efforts toward annexation to the United States.

Annexation would not be easy for Texas due to its support of slavery and the attitude of Great Britain. Great Britain was trying to limit US expansion to the west and the annexation of Texas would expand slavery in the nation. Great Britain's negative push against Texas' annexation resulted in the American aggressive push to allow it. Therefore, Texas was annexed to the United States of America.

**Finally**, as time passed and economic disputes erupted, Texas along with other slave holding southern states seceded from the United States of America. The governor, Sam Huston, opposed the succession and refused to take the oath of allegiance to the Confederacy. As a slave holding state Texas became a member of the Confederate States of America. Thus, Texas earned its sixth flag to be flown over its soil.



The United States Flag (1866 – Present)

Article by Selena Brooks
References

https://www.britannica.com/place/Texas-state/History/www.historycentral.com/Ant/Texashistory.html www.laits.utexas.edu/texasblackhistory/Chronology.html



### San Antonio Republican Women

P.O. Box 700523, San Antonio, TX 78270 www.sarwclub.com

## Fern Burke Scholarship

In May of each year, the San Antonio Republican Women's Club grants a \$1000 Fern Burke Scholarship to a high school senior.

The scholarship is named in honor of Fern Burke, Club President 1996-1998, in recognition of her outstanding involvement and passion for GOP principles and programs. SARW grants the scholarship based on grades, SAT/ACT scores, an essay submission, involvement in any honors class participation, school award(s) received, school activities, school academic recommendations, character references, volunteer work and activities, and Republican Party activities.

The recipient is selected by the Scholarship Committee. The application deadline is March 31, 2024. Please mail the completed application to:

SARW Scholarship Committee 4530 Western Pine Woods San Antonio TX 78249

Thank you for your participation!

#### San Antonio Republican Women P.O. Box 700523 San Antonio TX, 78270 www.sarwclub.com

#### SARW FERN BURKE SCHOLARSHIP APPLICATION

Name:	V 30 30 30 30 30
Parents Name:	
Address:	
Phone Number:	
Email:	
High School:	
Grades:	
SAT/ACT SCORES:	
Honors Class Participation:	
School Awards Received:	
School Activities:	
One Page Essay: "Why I Love America" (please attach	n document)
Academic Recommendations:	
Character References:	
Volunteer Work:	
Any Republican Party/Conservative Activities:	
Do you consider yourself a Republican/Conservative?	
Have you applied to any colleges/universities and/or	been accepted? If so, to which?
T	—
-	
Signature of Applicant	Date



#### KNOW THE SIGNS OF DEMENTIA / ALZHEIMERS and How to Communicate with someone with Alzheimer's Disease

#### **Early** Detection Matters:

- 1. Memory changes that disrupt daily life (early signs forgetting recently learned information).
- 2. Challenges in planning or solving problems (Difficulty concentrating or taking longer to complete a task).
- 3. Difficulty completing familiar tasks (Complete daily tasks: driving familiar area, managing their budget).
- 4. Confusion with time or place: (Cannot remember appointment(s) or location).
- 5. New problems with words in speaking or writing (May have trouble following a conversation or joining in a conversation). They may repeat themselves. Trouble finding the right words.
- 6. Misplacing things and losing the ability to retrace steps (Placing things in unusual areas). Often accuse others of stealing and re-occurs more often.
- 7. Decrease or poor judgement (Demonstrate unusual changes in judgement or decision-making).
- 8. Withdraw from work or social activities (They remove themselves from family, hobbies or sports).

# Helping someone communicate takes patience and understanding. Here are some Suggestions:



- 1. Be calm, **nice** and supportive. Maintain eye contact and use touch to reassure them. Show them, don't tell them, that you are listening.
- 2. Show your interest in what he/she is saying or feeling.
- 3. Pay attention to their voice/gestures for clues to what they are feeling. Sometimes, their emotions are more important than she they are trying to say.
- 4. If you do not understand what they are trying to say, encourage them to point or gesture.
- 5. If they cannot find a word, they may be less frustrated if you offer a guess.
- 6. If they use the wrong word, and you know what they mean, supply the correct word. If this upsets them, do not correct future mistakes!
- 7. Do not try to get them to explain as this may make them more upset. If possible just go along with what they are saying or agree with them less agitated.
- 8. Approach the person from the front but some may feel more comfortable if you talk from a handshake distance away.
- 9. Keep confusion, distraction and noise to a minimum.
- 10. Always start out identifying yourself and address the person by name to get their attention.
- 11. Speak slowly and distinctly. Use a lower voice pitch to convey sense of calm.
- 12. Pay attention to your tone of voice. A person with Dementia/Alzheimer can sense your emotions. Limit the number of "don't) and avoid harsh or direct orders.
- 13. For the **most** part, confrontation may make the situation worse or get the person "worked up."
- 14. Your observation and sensitivity will make a big difference. A hug or kiss can express affection. Remember: Treat the person with dignity and respect as it may mean the world to them.

For more information or ideas on how you can help, visit www.alz.com. The Alzheimer Association provides so much information about the "Stages" of Alzheimer. They also list the Support Groups throughout Texas for family members to attend **FREE!** The support from other families going through this disease with their loved ones can provide "insight" on how they have handled their "loved one" and also received support from outside Speakers.

We need to keep on Congress to provide more "funding" for research....there is NO CURE at this time but new medications can be helpful for the level of the disease (7 stages). The information listed was provided by the Alzheimer Association whom I work very closely with for my updated training working with families who have a loved one with this terrible disease.

#### BECOME A MEMBER TODAY!

Being a member provides an opportunity to build relationships with "like-minded" **people**! It is also having the ability to stay informed about current political events and elections. As a member, should you like to become involved, there are many things that count as "Volunteering", such as...

Campaign Activities
Block Walking
Phone Banking
Campaign events (forums, fundraisers, rallies)
Poll Greeting
Government Activism
Legislative advocacy & local government advocacy
Petitioning
Sending Emails, faxes, etc.
Participating in Club Activities



Active Membership or Renewals \$30.00

Active members receive all privileges of membership and may be asked to assist with volunteer work and fundraising.

#### Associate Membership \$25.00

Associate membership is for women who are active members of another Republican club affiliated with the TFRW or men associated with the Republican Party.

#### Young Affiliate \$25.00

Young affiliate membership is for young women between the ages of thirteen and seventeen, and may serve on committees.

You may join at one of our monthly meetings, or go online (www.sarwclub.com) and process a membership form and payment, or mail a check. If you mail a check, please make checks payable to: **San Antonio Republican Women.** A membership form is available on the next page for your convenience.

Mail to: San Antonio Republican Women Treasurer PO Box 700523 San Antonio, Texas 78270





# AN ANTONIO EPUBLICAN WOMEN

# San Antonio Republican Women

P.O. Box 700523, San Antonio, TX 78270 www.sarwclub.com

## **SARW Membership Form**

Date:				
Name:	10000000	and the second	Spouse (if applicabl	e):
Last	First	Middle		
Address.				
Cin	,TX Zip		Distriction	
City:	, IA Zip		Birth date: Month & Day	É
Phone: Home			19,000,000,000,000	
Email address:		5555000		
	er will be sent via email, unless	s you do not have email.	Special accommodations can be made, p	lease ask.
OccupationRequired in			Employer	
Required in	formation for PAC repotting			
or Retiree of				
Senate District (SD) #	Congressiona	l District (CD) #_	Precinct #	
Are you a Registered Voter?	YES NO			
		en select one of the	e three membership types belo	ow)
-Primary \$30 (a we	oman whose primary c	Inh is SARW — v	otine member)	
rimary 350 (a we	man whose primary c	ido is Salaw <u>v</u>	Oling incansca)	
Associate - S25 (a	woman whose primary	y club is another R	epublican Women's club, or a	ny man)
What is your prima	es alub?		4.5	
what is your prima	Ty Club;			
Young Affiliate - S	625 (a young woman a	ged 13 through 17	0	
SARW Magnetic	Name Tag - \$6. Desir	ed Name on Name	Tag:	
Referred by:				
19		Disease and the	ala an alla ta CADW	
		Piease make ch	ecks pavable to: SARW	
	Mail to:	SARW, P.O. 7005	23, San Antonio, TX 78270-0	1523

SARW is a member of the Texas Federation of Republican Women and the National Federation of Republican Women

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For Information Contact: Susan Allick, VP Membership (210) 421-5539

# sarwclub.com



Want to know the latest and greatest? Check out our website daily to learn of upcoming events for the current month or reach out to our editor for an article or photos you'd like to submit!

It is kept up-to-date with current information, including this new edition of the SARW Newsletter, "Trunk Times"! Find out who will be speaking at our next monthly meeting, read about the club's history and what we are about, as well as have the ability to log your volunteer hours directly through our website.

This website is about keeping our organization together and informed! We wish you the best and hope you enjoy your visit!

